

## **Beech Grove Senior Citizens Center**

**Proposed Recipient:** City of Beech Grove

**Address of Recipient:** 602 Main St, Beech Grove, IN 46107

**Amount of the Request:** \$5,000

**Explanation of Request:** The funding would be used to feed and provide a gift for senior citizens during the holidays. Senior Citizens are 12% of the U.S population but account for 18% of all suicide deaths. There is also something called 'silent suicide' among Seniors Citizens. Silent suicide happens to 22% of our elderly. Silent suicide typically happens because of depression, loneliness, feelings of not loved or cared about. Our Elderly will stop eating, stop drinking fluids, misuse medication. That brings the suicide rate up to 40% which is higher than all other age groups in America. Holidays are harder on Seniors than most know. City of Beech Grove's goal is to help Seniors by bringing them a smile and a warm plate of food during the holidays, along with a little gift from Santa.